



*McCracken County Cooperative Extension*  
**April 2024 Events**

**McCracken County Extension Office**

2025 New Holt Rd | Paducah, KY 42001

270-554-9520 | [mccracken.ext@uky.edu](mailto:mccracken.ext@uky.edu)



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**KENTUCKY**    
**COOPERATIVE EXTENSION**

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UK MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT  
KSU COLLEGE OF AGRICULTURE, COMMUNITY AND THE SCIENCES

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# Adults 18+

## Adult Sewing

Every Tuesday | 9am-11am

Whether you're a seasoned pro or just starting, you're welcome to attend. Bring your own project and join us on Tuesdays.

## Game Day

Tuesday & Thursday | April 2nd & 18th | 9am-12pm

Meets on the 1st Tuesday and the 3rd Thursday of every month.

Game Day welcomes all adults ages 18 and above. Whether you're a seasoned gamer or just looking for some friendly competition. Grab your friends and family and bring your gaming spirit!



## Toolbox Series: Homesteading

Tuesday | April 2nd | 5pm-6pm

Miranda Rudolph, Agriculture Agent in Graves County, will be educating the public on all things homesteading. This event is free and open to the public.



## McCracken County Beautification Board Meeting

Wednesday | April 3rd | 10am

If you are interested in joining, please feel free to attend our meeting. Our purpose is to promote projects of civic beautification and nature, to make it a cleaner, healthier, safer and more beautiful place in which to live and work.

## Paint Fan Dance

Wednesday | April 3rd & 17th | 11am-12pm

**Registration Required**

A Unique Dance Component with the exercise regime, modeled after traditional Fan Dances from Asia, is specifically meant to be low impact, intended for persons with low mobility, seniors, and/or anyone who wants a simple, basic workout experience. Painting is a source of what psychologists call 'Flow.' Which produces an emotionally stabilizing brain frequency equilibrium.



## Needlework Club

Thursday | April 4th & 18th | 10am –12pm

**Meets on the 1st and 3rd Thursday of every month.**

Looking for a relaxing and creative way to spend your Thursdays. Join us for a fun and friendly session.



## Crochet Alley & Knit Row

Thursday | April 4th & 18th | 1pm-3pm

**Meets on the 1st and 3rd Thursday of every month.**

Discover the joy of knitting and crochet while socializing with fellow enthusiasts.



## Quilting Club

Monday | April 8th | 10am

**Meets on the 2nd Monday of every month.**

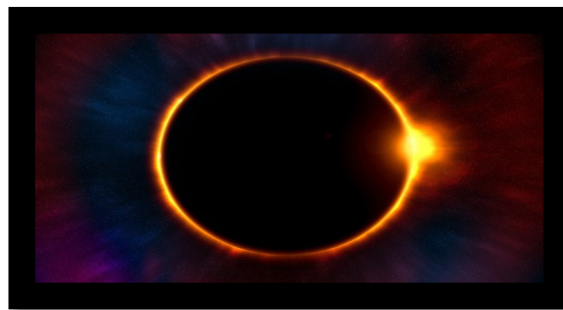
Come join us as we quilt for community service for NECO Foster Care as well as working on personal quilting projects. Assistance is available if needed.



## Solar Eclipse Watch Party

Monday | April 8th | 11am-3pm

Join us for the Solar Eclipse Watch Party at the Extension Office. The event is from 11am-3pm. Limited eclipse glasses will be available. If there is inclement weather, the event will be canceled. Please bring your own chair or blanket to view the solar eclipse. We will also be having food trucks present. The eclipse begins at 12:42pm CT and the totality is 2:00pm-2:02pm. This is a family friendly event-NO SMOKING & NO ALCOHOL on grounds.



## District Board Meeting

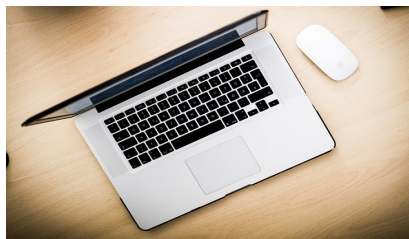
Tuesday | April 9th | 11am-12pm

Please join us at our next District Board meeting! The meeting is open to any community members that are interested in making an impact in their community. To attend, please **RSVP** by calling our office at (270) 554-9520; a meal will be provided.

## Tech Class: Computer Basics

Wednesday | April 10th | 10am-12pm

This tech class will cover using the mouse and trackpad, file organization, settings/control panel, keyboard and typing, USB drive, and accessing the internet. Don't have your own laptop? That's okay we can provide one for you.



## Beading Circle

Thursday | April 11th & 25th | 1pm-3pm

Meets on the 2nd and 4th Thursday of every month.

Whether you're a beginner looking to learn the art of beading or an experienced beadwork enthusiast, our Beading Circle welcomes all skill levels. Join us for a creative and enjoyable time together!



Big Blue Book Club is back with *Heartland: A Memoir of Working Hard and Being Broke in the Richest Country on Earth* by Sarah Smarsh. This book is an eye-opening memoir about working-class poverty in America. Our discussions will help participants understand the impact that economic hardship and inequality have on our communities. Heartland is a descriptive and emotion-packed retelling of the author and her family's intergenerational experience of America's wealth gap.

The first Big Blue Book Club series for 2024 will be held **on April 11, 18, and 25. Each Thursday morning session will be presented via Zoom at 10:00 am CST.** Each session will be recorded, so if you aren't available during the day, you are welcome to participate via the recording. We will also have a watch party at the extension office every Thursday.

Please register for access to Zoom meeting from home at <https://ukfcs.net/BBBC24book1>. The extension office will have extra copies of book if needed.

## Arts & Crafts: Paint on Canvas

Friday | April 12th | 9:30am

Space is limited. Please register by April 10th

Cost is \$7.00 to be paid at the door.

In honor of quilt week this month's arts and crafts is "Quilting Square on a Canvas Board".



## Bags of Love

Tuesday | April 16th | 9:30am-1:30pm

Meets on the 3rd Tuesday of every month.

*It's My Very Own* provides "Bags of Love" to children in our community who are displaced. Join this group as they sew handmade bags to hold contents for children's immediate needs.

## Scrapbooking

Wednesday | April 17th | 9am-3pm

Meets on the 3rd Wednesday of every month.

Everything you always wanted to know about scrapbooking and paper crafting. Bring your photos, scissors, and your favorite adhesive. If you don't have scissors and adhesive, we will provide. Beginners and advanced scrapbookers welcome!



## Spring Craft Yard Sale

Friday | April 19th | 9am-4pm

Saturday | April 20th | 8am –1pm

Do you enjoy doing arts and crafts? Come check out our spring craft yard sale going on inside the extension office.



## Baked by Caryn for Beginners

Monday | April 22nd | 1pm-2:30pm **Class is Full**

Monday | April 22nd | 5:30pm– 7pm **Class is Full**

This is a continuation of the session from March. **This class is currently full.** Be looking for a another class to be coming soon.



## Gardening 101

Thursday | April 25th | 5pm-6pm

Want to start a garden but don't know where to start? Call our office to attend this informative session at 270-554-9520



## *Offsite Events*

### Laugh and Learn

Tuesday | April 16th | 12pm

Come join us at the **McCracken County Library** for those of you who have children who will be entering kindergarten. This program instructs parents how to teach their children kindergarten readiness skills. Join us for a play date!



### Grounding Yoga

Tuesday | April 9th | 11am-12pm

Join us for a FREE Yoga Session at **Pat & Jim Brockenborough Rotary Health Park**. Located at 14th & Madison in the historic Fountain Ave Neighborhood. The session will be instructed by Sierra Irwin. There is limited space. So, please **RSVP** by calling 270-554-9520. Please bring your own mat and water. If inclement weather, session is canceled.



# Youth 9-18

## Forensic Science Day

Friday | April 5th | 9am-3:30pm

**Registration Required**

**Grades 6th-10th**

We invite you to join the Paducah Police Department and Jamey Mills from the Felony Prosecutors Office on Forensic Science Day. Detective Wilson will lead a mock crime scene and teach about forensics. Then the introduction into evidence in courts will be lead by Jamey Mills. Call 270-554-9520 or email Rachael Davis at [rachaeldavis@uky.edu](mailto:rachaeldavis@uky.edu)



## 4-H Shooting Sports Practice-Pistol

Tuesday | April 9th, 16th, 23rd, & 30th | 5pm

Pistol practice will be held at Paducah Shooter's Supply Shooting Range. Safety class is required before going to practice. For more information please contact Rachael Davis at [rachaeldavis@uky.edu](mailto:rachaeldavis@uky.edu)

## 4-H Shooting Sports Practice-Rifle, Shotgun, & Archery

Thursday | April 11th, 18th, & 25th | 5pm

Rifle, Shotgun, and Archery practices will be held at Paducah Shooter's Supply Shooting Range. Safety class is required before going to practice. For more information please contact Rachael Davis at [rachaeldavis@uky.edu](mailto:rachaeldavis@uky.edu).



## 4-H Middle School Book Club

Monday | April 15th | 4:30pm-6pm

This book club is open to those in grades 6-8 who love to read.

We will get together and discuss the book of the month while adding in some fun activities!

A limited number of book scholarships are available.

**Registration is required**, contact Heather Wynn for more information

[hnhu234@uky.edu](mailto:hnhu234@uky.edu)



## 4-H Lego Club

Tuesday | April 16th | 4:30pm-5:30pm

**Registration Required**

In Lego Club we will focus on developing our communications and team building skills while playing with the best building bricks around! If you have any questions please contact Heather Wynn at

[hnhu234@uky.edu](mailto:hnhu234@uky.edu).



## Offsite Events

### 4-H Poultry Club

Tuesday | April 23rd | 5:30pm

Open to 9-19 year old

Are you interested in learning about Chickens? Join us to learn about a new 4-H Poultry Club. We will have discussions on how we want to grow our new club.



### Purchase Area

### Communications Day

Tuesday | April 30th | 6:30pm

The Purchase Area region will hold their annual Communications Day Contest in Murray on April 30<sup>th</sup>.

Winners from the McCracken County Communications Day contest will advance to the area competition.

**Registration is required and the registration deadline is April 19<sup>th</sup>.**

**The competition will take place at North Calloway County Elementary School, 2928 Brinn Rd. Murray, KY 42071**

Watch for **Fair Project Days** to be announced on our Facebook page:

<https://www.facebook.com/themccrackenextension>



KENTUCKY 4-H  
PROGRAM YEAR 2024  
SEPTEMBER 1, 2023 - AUGUST 31, 2024



HOW OLD WILL YOU BE ON JANUARY 1, 2024?  
THAT IS YOUR 4-H AGE!

Martin-Gatton  
College of Agriculture,  
Food and Environment

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